



Friends @ St Pauls

December 2020 NEWSLETTER

Chairman's Message

Dear Friends.

We are pressing on with our monthly meetings and talks in spite of the restrictions. All regulations will be observed to make it a safe event and we hope you will feel sufficiently reassured and come to our December meeting on Thursday 3rd at 10.00.

Our speaker will be the British High Commissioner Stephen Lillie. The title of his talk is 'A Conversation with Stephen Lillie'. Of course you will have a chance to ask questions. Coffee and cake will be served and the hall has been decorated for Christmas so come and have a chat with your friends and bring a friend as well. All are welcome. See you on Thursday at 10.00!

Agnete



Regular Events



Open Saturdays from 1000
Contact - Agnete 99823785

Book shop



Open Saturdays from 1000
Contact –
Alexander 99 354303

[You can now access the Book Shop on Facebook](#)



December Events

Dec 3 10 am Friends Meeting with the British High Commissioner, Stephen Lillie

www.gov.uk/guidance/living-in-cyprus

Dec 5 10.30-14.30 Christmas Bazaar and raffle

Dec 20 1800 Nine Lessons and Carol Service



Dec 24 23:00 Midnight Mass

Dec 25 0930 Holy Eucharist

Christmas is celebrated in other countries in many ways.



In Germany ginger bread houses are made and folk eat goose on

Christmas Eve. In France, the Christmas meal is eaten after the Midnight Mass on Christmas Eve which usually consists of goose, venison or lobsters followed by a Yule Log.

For Greeks the Midnight Mass is very important after which the Advent Fast is finished so that they roast lamb or pork followed by Baklava. In Denmark the meal includes roast duck or goose or even pork, served up with sweet potatoes red cabbage, beetroot and cranberry sauce.

In the USA, turkey is usually eaten at Thanksgiving but in Pennsylvania, pork and sauerkraut are usually on the Christmas table.

Turkey, an integral part of many Christmas Dinners, including UK, came originally from Mexico and not from Turkey. They were named turkeys because of the noise they made. It is thought that King Henry VIII was the first English monarch to have turkey for Christmas



Using up the turkey remains

2ozs Butter; 1 small chopped onion; 12ozs cooked turkey.

Mince or blend and add 4 tablespoons cream, 2 tablespoons Sherry and salt and pepper to taste. Blend together until soft and eat on sandwiches or toast.

Special days in December

December 6 St Nicholas' Day

This 4th Century Bishop in Myra, became the Patron Saint of children especially boys, single women and pawnbrokers. The latter as a result of leaving three bags of gold to a poor family with three daughters, resulting in the pawnbrokers sign being three golden balls.

Dec 24. *'The night before Christmas and all through the house not a creature was stirring, not even a mouse.....*

Ghosts are busy on this night and the tradition of kissing under the mistletoe started in ancient Greece during the festival of Saturnalia and later in marriage ceremonies, because of the plant's association with fertility.

December 26 - St Stephen's Day was the day that the keepers of alms and churches opened their alms boxes for the poor of the parish.

Dec 31 Hogmanay - Well celebrated in Scotland and many other parts of the world. Housewives in Scotland clean their houses as it is bad luck to take any household dirt into the New Year.



Cyprus quite often has tremors, sometimes several in a day. With the recent Turkish earthquake in mind, here are some things to do to prepare for a quake and what to do once the ground starts shaking.

Have an earthquake readiness plan.

Locate a place in each room of the house that you can go to in case of an earthquake. It should be a spot where nothing is likely to fall on you. Keep a supply of canned food, an up-to-date first aid kit, 3 gallons (11.4 litres) of water per person, dust masks and goggles, and a working battery-operated radio and flashlights. Know how to turn off your gas and water mains.

If Shaking Begins-

Drop down; take cover under a desk or table and hold on.

Stay indoors until the shaking stops and you're sure it's safe to exit. Stay away from bookcases or furniture that can fall on you as well as windows. In a high-rise building, expect the fire alarms and sprinklers to go off during a quake.

If you are in bed, hold on and stay there, protecting your head with a pillow. If you are outdoors, find a clear spot away from buildings, trees, and power lines. Drop to the ground. If you are in a car, slow down and drive to a clear place. Stay in the car until the shaking stops.



Christmas Anagrams

HIM WITH ACTRESS

DOROTHY LOW JET

BLESS ILL REV

ONLY TO HIGH

SHOUT A CLEARANCE MESS

SHELTER OF TIN

THERMISTOR CASE

DAVE HILL THY TOY HEN

ID BOY MARCH SLY

REPEATS HIS WISH

NEW WORLD IN A TREND

TINSEL THING

LEN BEGS JILL

LOW IN TEST

(No prizes - Answers next time)



This monthly Newsletter of Friends@St Paul's will be emailed out to you at the beginning of each month. In order to ensure that you receive it promptly please keep the Cathedral Office informed of any changes of email address or server. If you do not wish to receive this newsletter please let the office know.

stpauls@spidernet.com.cy

If you would like to contribute anything of interest to the newsletter, please contact the Editor, Patricia Jordan, at howpat@cytanet.com.cy