

Friends@St Paul's

April Newsletter

Message from the Dean

Dear Friends

With restrictions being slowly lifted, The Divine Liturgy in places of religious worship can be held with the presence of congregants with a maximum number of 50 persons, in compliance with the health protocols.

As we approach Passiontide and Holy Week, it would be very nice to see many of you back at the Cathedral.

As you know we have not been able to have large congregations for many months now, which inevitably has had an effect on our income.

With this in mind and as we approach the end of the first quarter, I would like to encourage anyone who feels that they would like to contribute to hand in their envelopes or donations to the Cathedral Office or to pay online. It would be very much welcomed and be much appreciated.

As you know it takes a lot of money to keep St Paul's Anglican Cathedral and its ministerial programme going. All our hall users have now returned, and a new acting group has just joined and will add to our income in the coming months.

I am very grateful for all the contributions as we complete a year of Covid restrictions with many months of lock-down, and with your generous support we have got through it, but I now need to ask for help and support again.

With best wishes,

Dean Jeremy



Easter Services at St Pauls

April 1 - Maundy Thursday
- Eucharist and Watch at 7 pm

April 2 - Good Friday - Liturgy of the Day
1.30 pm to 3.00 pm

April 3 - Holy Saturday - Liturgy,
Holy Communion and
Confirmation with Archbishop
Michael at 8 pm.

April 4 - Easter Sunday - 9.30 Holy
Communion.

Hot Cross Buns

When I was a child living in a little village in Lancashire, everything closed down on Good Friday. There were no newspapers, no mail and all the shops were closed as well, except for a little bakers shop that only sold 'Hot Cross Buns' on that day. Nowadays you can buy these delicious spicy buns from stores like Marks and Spencer any day of the year.

Hot Cross Buns date back to around 1361 when it is said that brother Thomas Roccliffe of St Albans Abbey created this bun, then called an 'Alban Bun' to give to the poor.



The Friends next Meeting will be held on April 8. The Guest Speaker will be Mike Orphanides when his subject will be

'Journey Around Asia'.

The meeting starts at 10 am and friends of the Friends are also welcome.

Regular Events



Open Saturdays from 1000
Contact - Agnete 99823785

Book shop



Open Saturdays from 10:00
Contact – Alexander
99 354303

You can now access the Book Shop on Facebook



Special Days in April

April 1

Cyprus's National Day, a holiday here.

April Fools' Day also on April 1 is thought to have started as a pagan Spring Festival. Some say that it is related to the turn of the seasons. Be sure to play your jokes before 12 noon or they will rebound on you!

April 7 – 'World Health Day' 'Health is Wealth' is the slogan for World Health Day which has been celebrated annually since 1950. Each year the World Health Organisation draws attention to a specific health topic of concern to people all over the world. Various other programs are managed by them as well.

April 21 - HM the Queen's 95th Birthday

'Here's a health unto Her Majesty!'

April 23 St George's Day

Thought to have been born in Cappadocia, Turkey around AD 270, it was probably the 12th century Crusaders who first invoked St George's name as an aid in battle. King Edward III made him the **Patron Saint of England** and when he formed the **Order of the Garter**, it was in name of St. George. King Henry V finished his pre-battle speech with the famous phrase, 'Cry God for Harry, England and St. George!'



Lunchtime or light supper dish



1 ripe avocado and some Tesco's Honey and Mustard Dressing.

Mash the ripe avocado flesh until it is quite smooth, working quickly or it can change colour. Mix in some of the Honey and Mustard dressing and spoon it on hot toast. It can also be used as starter with crackers or toast fingers.

My Plant of the month

Zantedeschia aethiopica

This lovely plant which hails from South Africa is sometimes known as the 'Calla Lily' or the 'Easter Lily'.



A perennial plant, emerging from a root stock early in the year, it throws up its flower stems in March here. The wonderful flowers that emerge atop the tall stems have a scent to attract pollinating insects. Usually, Callas are grown as marginal plants near water, but they thrive equally well in our gardens here in a slightly shaded spot. Propagation is by dividing the rootstock whilst the plant is dormant.



This monthly Newsletter of Friends@StPaul's will be emailed out to you at the beginning of each month. In order to ensure that you receive it promptly please keep the Cathedral Office informed of any changes of email address or server. If you do not wish to receive this newsletter please let the office know.

stpauls@spidernet.com.cy

If you would like to contribute anything of interest to the newsletter, please contact the Editor, Patricia Jordan, at howpat@cytanet.com.cy